

Breakfast, AM and PM snacks consist of a whole grain (cracker, cereal) combined with a vegetable or a fruit. IKCCC follows NYS DOH Guidelines

April 2018

**Island Kids Child Care Center
Lunch Menu**



We are a “nut free” facility.

All lunches are subject to change.

<i><u>Monday</u></i>	<i><u>Tuesday</u></i>	<i><u>Wednesday</u></i>	<i><u>Thursday</u></i>	<i><u>Friday</u></i>
<p>2 Steamed Peas Fresh Melon Sunflower Butter & Jelly on Whole Wheat bread</p>	<p>3 Steamed Corn Fresh Melon Taco in a Bag</p>	<p>4 Steamed Broccoli Fresh Fruit Whole Wheat Pasta w/ Butter or Sauce</p>	<p>5 Steamed Buttered Rice Cinnamon Applesauce Crockpot Chicken And Gravy</p>	<p>6 Steamed Green Beans Mixed Fruit Fresh Baked Pizza</p>
<p>9 Steamed Green Beans Fresh Melon Sunflower Butter & Jelly on Whole Wheat Bread</p>	<p>10 Steamed Corn Fresh Melon Meatballs in Sauce</p>	<p>11 Steamed Carrots Celery Sticks Mixed Fruit Whole Wheat Pasta w/ Butter or Sauce</p>	<p>12 Mashed Potatoes Cinnamon Applesauce Bar-B- Q Crockpot Chicken</p>	<p>13 Steamed Broccoli Mixed Fruit Fresh Baked Pizza</p>
<p>16 Crispy Tater Tots Fresh Melon Sunflower Butter & Jelly on Whole Wheat Bread</p>	<p>17 Steamed Green Beans Fresh Melon Mac & Cheese</p>	<p>18 Steamed Mixed veggie Mixed Fruit Chicken Nuggets</p>	<p>19 Steamed Corn Cinnamon Applesauce Whole Wheat Pasta w/ Butter or Sauce</p>	<p>20 Steamed Peas Steamed Apples/ Apple Slices Fresh Baked Pizza</p>
<p>23 Steamed Green Beans Fresh Melon Sunflower Butter & Jelly on Whole Wheat Bread</p>	<p>24 Steamed Mixed Veggies Fresh Melon Goulash</p>	<p>25 Steamed Corn Sliced Apples or Oranges Chicken Nuggets</p>	<p>26 Steamed Broccoli Cinnamon Applesauce Whole Wheat Pasta w/ Butter or Sauce</p>	<p>27 Steamed Peas Mixed Fruit Fresh Baked Pizza</p>
<p>30 Crispy tater tots Fresh melon Sun Flower Butter & Jelly on Whole Wheat Bread</p>				

