


<p>Breakfast, AM and PM snacks consist of a whole grain (cracker, cereal) combined with a vegetable or a fruit. <u>IKCCC follows NYS DOH Guidelines</u></p>	<p><b><u>August 2017</u></b></p> <p><b>Island Kids Child Care Center Lunch Menu</b></p>	<p> We are a “nut free” facility.</p> <p>All lunches are subject to change.</p>
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<u>Monday</u>	<u>Tuesday</u>	<u>Wednesday</u>	<u>Thursday</u>	<u>Friday</u>
	<b>1</b> Steamed Corn  Fresh Melon  <b>Soft Taco</b>	<b>2</b> Steamed Peas  Apple or Orange Slices <b>Whole Wheat Pasta w/ Butter or Sauce</b>	<b>3</b> Mixed Vegetables  Fresh Fruit  <b>Crockpot Chicken Pot Pie</b>	<b>4</b> Steamed Carrots  Mixed Fruit  <b>Fresh Baked Pizza</b>
<b>7</b> Steamed Green Beans  Fresh Melon  <b>Sunflower Butter &amp; Jelly</b>	<b>8</b> Steamed Carrots  Fresh Melon  <b>Meatballs in Sauce</b>	<b>9</b> Steamed Corn  Fresh Fruit  <b>Whole Wheat Pasta w/ Butter or Sauce</b>	<b>10</b> Baked French Fries  Cinnamon Applesauce  <b>Chicken Nuggets</b>	<b>11</b> Steamed Peas  Orange Slices  <b>Fresh Baked Pizza</b>
<b>14</b> Baked French Fries  Fresh Melon  <b>Sunflower Butter &amp; Jelly</b>	<b>15</b> Steamed Peas  Fresh Melon  <b>Goulash</b>	<b>16</b> Steamed Broccoli  Orange Slices  <b>Whole Wheat Pasta w/ Butter or Sauce</b>	<b>17</b> Steamed Green Beans  Fresh Fruit  <b>Bar-B-Q Crockpot Chicken</b>	<b>18</b> Steamed Carrots  Watermelon  <b>Fresh Baked Pizza</b>
<b>21</b> Steamed Carrots  Fresh Melon  <b>Sunflower Butter &amp; Jelly</b>	<b>22</b> Steamed corn  Fresh Melon  <b>Pancakes &amp; Sausage</b>	<b>23</b> Steamed Peas  Fresh Fruit  <b>Whole Wheat Pasta w/ Butter or Sauce</b>	<b>24</b> Mashed Potatoes  Cinnamon Applesauce  <b>Chicken &amp; Gravy</b>	<b>25</b> Steamed Broccoli  Mixed Fruit  <b>Fresh Baked Pizza</b>
<b>28</b> Steamed Green Beans Fresh Melon  <b>Sunflower Butter &amp; Jelly</b>	<b>29</b> Steamed Peas  Fresh Melon  <b>Mac &amp; Cheese</b>	<b>30</b> Steamed carrots  Fresh Fruit  <b>Whole Wheat Pasta w/ Butter or Sauce</b>	<b>31</b> Steamed corn  Apple Slices  <b>Chicken Nuggets</b>	

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