

Breakfast, AM and PM snacks consist of a whole grain (cracker, cereal) combined with a vegetable or a fruit. IKCCC follows NYS DOH Guidelines

February 2018

Island Kids Child Care Center Lunch Menu



We are a "nut free" facility.

All lunches are subject to change.

<u>Monday</u>	<u>Tuesday</u>	<u>Wednesday</u>	<u>Thursday</u>	<u>Friday</u>
			1 Mashed Potatoes Apple Slices Bar-B-Q Crockpot Chicken	2 Steamed Carrots Mixed Fruit Fresh Baked Pizza
5 Steamed Green Beans Fresh Melon Sunflower Butter & Jelly	6 Steamed corn Fresh Melon Goulash	7 Steamed Sweet Peas Fresh Fruit Whole Wheat Pasta w/ Butter or Sauce	8 Mashed Potatoes Cinnamon Applesauce Crockpot Chicken Pot Pie	9 Steamed Carrots Fresh Pears Fresh Baked Pizza
12 Baked French Fries Fresh Melon Sunflower Butter & Jelly	13 Steamed Carrots Fresh Melon Meat Balls in Sauce	14 Steamed Corn Mixed Fruit Whole Wheat Pasta w/ Butter or Sauce	15 Steamed Sweet Peas Fresh Fruits Chicken Nuggets	16 Steamed Carrots Steamed Apples/ Apple Slices Fresh Baked Pizza
19 Steamed Corn Fresh Melon Sunflower Butter & Jelly	20 Steamed Green Beans Fresh Melon Taco in a Bag	21 Steamed Carrots Cinnamon Applesauce Whole Wheat Pasta w/ Butter or Sauce	22 Steamed Rice Apple Slices Chicken & Gravy	23 Steamed Peas Mixed Fruit Fresh Baked Pizza
26 Steamed Corn Fresh Melon Sunflower Butter & Jelly	27 Steamed Green Beans Fresh Melon Mac & Cheese	28 Steamed carrots Mixed Fruit Whole Wheat Pasta w/ Butter or Sauce		

