

Breakfast, AM and PM snacks consist of a whole grain (cracker, cereal) combined with a vegetable or a fruit. IKCCC follows NYS DOH Guidelines

January 2018

Island Kids Child Care Center Lunch Menu



We are a "nut free" facility.

All lunches are subject to change.

<u>Monday</u>	<u>Tuesday</u>	<u>Wednesday</u>	<u>Thursday</u>	<u>Friday</u>
1 No School HAPPY NEW YEAR!	2 Steamed Green Beans Fresh Melon Meat Balls in Sauce	3 Steamed peas Apple slices Whole wheat pasta w/ Butter or Sauce	4 Steamed Broccoli Diced Peaches BBQ Crockpot Chicken	5 Steamed Carrots Mixed Fruit Fresh Baked Pizza
8 Steamed Green Beans Fresh Melon Sunflower Butter & jelly	9 Steamed Corn Fresh Melon Taco in a bag	10 Steamed Sweet Peas Apple Slices Whole wheat Pasta w/ Butter or sauce	11 Steamed Broccoli Apple Sauce Crockpot Chicken & Gravy	12 Steamed Carrots Diced Pears Fresh Baked pizza
15 Steamed Sweet Peas Fresh Melon Sunflower Butter & jelly	16 Steamed Green Beans Fresh Melon Goulash	17 Mixed Veggie Mixed Fruit Chicken Nuggets	18 Steamed Corn Diced Peaches Whole wheat pasta w/ Butter or sauce	19 Steamed Carrots Steamed Apples/ Apple Slices Fresh Baked Pizza
22 Baked French Fries Fresh Melon Sunflower Butter & Jelly	23 Steamed Broccoli Fresh Melon Meat Balls in Sauce	24 Steamed Green Beans Apple slices Whole Wheat pasta w/ Butter or Sauce	25 Mashed Potatoes Cinnamon Applesauce BBQ Crockpot Chicken	26 Steamed Carrots Mixed Fruit Fresh Baked Pizza
29 Steamed Green Beans Fresh Melon Sunflower Butter & jelly	30 Crispy Tater Tots Fresh Melon Mac & Cheese			

