

Breakfast, AM and PM snacks consist of a whole grain (cracker, cereal) combined with a vegetable or a fruit. IKCCC follows NYS DOH Guidelines

June 2017

Island Kids Child Care Center Lunch Menu



We are a "nut free" facility.

All lunches are subject to change.

<u>Monday</u>	<u>Tuesday</u>	<u>Wednesday</u>	<u>Thursday</u>	<u>Friday</u>
			1 Steamed Sweet Peas Fresh Fruit Chicken Nuggets	2 Steamed Green Beans Mixed Fruit Fresh Baked Pizza
5 Steamed Green Beans Fresh Melon Grilled Cheese or Sunflower Butter & Jelly	6 Steamed Corn Fresh Melon Taco in a Bag	7 Steamed Broccoli Mixed Fruit Whole Wheat Pasta w/ Butter or Sauce	8 Chicken Stuffing Apples or Orange Slices Crockpot Chicken	9 Steamed Carrots Fresh Fruit Fresh Baked Pizza
12 Baked French Fries Fresh Melon Grilled Cheese or Sunflower Butter & Jelly	13 Steamed Green Beans Fresh Melon Meatballs in Sauce	14 Steamed Corn Mixed Fruit Whole Wheat Pasta w/ Butter & Sauce	15 Steamed Peas Fresh Fruit Chicken & Gravy Over Rice	16 Steamed Carrots Steamed Apples/ Apple Slices Fresh Baked Pizza
19 Baked French Fries Fresh Melon Grilled Cheese or Sunflower Butter & Jelly	20 Steamed Carrots Fresh Melon Goulash	21 Steamed Corn Fresh Fruit Whole Wheat Pasta w/ Butter or Sauce	22 Mashed Potatoes Cinnamon Applesauce Bar-B-Q Crockpot Chicken	23 Steamed Peas Mixed Fruit Fresh Baked Pizza
26 Steamed Green Beans Fresh Melon Grilled Cheese or Sunflower Butter & Jelly	27 Crispy Tater Tots Fresh Melon Crockpot Ham & Cheese	28 Steamed Peas Fresh Fruit Cheese Ravioli	29 Mashed Potatoes Apple Slices Ranch Chicken	30 Steamed Corn Mixed Fruit Fresh Baked Pizza