

Breakfast, AM and PM snacks consist of a whole grain (cracker, cereal) combined with a vegetable or a fruit. IKCCC follows NYS DOH Guidelines

March 2018

Island Kids Child Care Center Lunch Menu



We are a "nut free" facility.

All lunches are subject to change.

<u>Monday</u>	<u>Tuesday</u>	<u>Wednesday</u>	<u>Thursday</u>	<u>Friday</u>
			1 Steamed Sweet Peas Fresh Fruit Chicken Nuggets	2 Steamed Carrots Mixed Fruit Fresh Baked Pizza
5 Steamed Green Beans Fresh Melon SunFlower Butter & Jelly on Whole Wheat Bread	6 Steamed Corn Fresh Melon Meatballs in Sauce	7 Steamed Sweet Peas Celery Sticks Mixed Fruit Whole Wheat Pasta w/ Butter or sauce	8 Mashed potatoes Cinnamon Applesauce BBQ Crockpot Chicken	9 Steamed Mixed Veggie Fresh Fruit Fresh Baked Pizza
12 Steamed Mixed Veggie Fresh Melon Sun Flower Butter & Jelly on Whole Wheat Bread	13 Steamed Corn Fresh Melon Taco in a Bag	14 Steamed Green Beans Mixed Fruit Whole Wheat Pasta w/ Butter or sauce	15 Steamed Sweet Peas Orange or Apple Slices Chicken Nuggets	16 Steamed Carrots Steamed Apples/Apple Slices Fresh Baked Pizza
19 Baked French Fries Fresh Melon Sun Flower Butter & Jelly on Whole Wheat Bread	20 Steamed Carrots Fresh Melon Goulash	21 Steamed Green Beans Cinnamon Applesauce Whole Wheat Pasta w/ Butter or Sauce	22 Steamed Mixed Veggie Sliced Apples Chicken & Gravy	23 Steamed Peas Mixed Fruit Fresh baked Pizza
26 Steamed Green Beans Fresh Melon Sun Flower Butter & Jelly on Whole Wheat Bread	27 Steamed Peas Fresh Melon Mac & Cheese	28 Steamed Carrots Mixed Fruit Whole Wheat pasta w/ Butter or Sauce	29 Mashed Potatoes Cinnamon Applesauce BBQ Crockpot Chicken	30 Steamed Corn Sliced Apples/Steamed Apples Fresh Baked Pizza

