

Breakfast, AM and PM snacks consist of a whole grain (cracker, cereal) combined with a vegetable or a fruit. IKCCC follows NYS DOH Guidelines

May 2017

**Island Kids Child Care Center
Lunch Menu**



We are a "nut free" facility.

All lunches are subject to change.

<i>Monday</i>	<i>Tuesday</i>	<i>Wednesday</i>	<i>Thursday</i>	<i>Friday</i>
<p>1 Steamed Corn Fresh Melon Grilled Cheese or Sunflower Butter & Jelly</p>	<p>2 Steamed Peas Fresh Melon Goulash</p>	<p>3 Steamed Broccoli Fresh Fruit Whole Wheat Pasta w/ Butter or Sauce</p>	<p>4 Steamed Sweet Peas Apple or Orange Slices Crockpot Chicken & Gravy</p>	<p>5 Mixed Medley Mixed Fruit Fresh Baked Pizza</p>
<p>8 Steamed Green Beans Fresh Melon Grilled Cheese or Sunflower Butter & Jelly</p>	<p>9 Steamed Corn Fresh Melon Soft Taco</p>	<p>10 Vegetable Medley Mixed Fruit Whole Wheat Pasta w/ Butter or Sauce</p>	<p>11 Mashed Potatoes Cinnamon Applesauce Bar-B-Q Crockpot Chicken</p>	<p>12 Steamed Peas Fresh Fruit Fresh Baked Pizza</p>
<p>15 Steamed Green Beans Fresh Melon Grilled Cheese or Sunflower Butter & Jelly</p>	<p>16 Crispy Tater Tots Fresh Melon Crockpot Ham & Cheese</p>	<p>17 Steamed Corn Mixed Fruit Whole Wheat Pasta w/ Butter or Sauce</p>	<p>18 Steamed Broccoli Fresh Fruit Chicken Nuggets</p>	<p>19 Steamed Carrots Steamed Apples/ Apple Slices Fresh Baked Pizza</p>
<p>22 Steamed Peas Fresh Melon Grilled Cheese or Sunflower Butter & Jelly</p>	<p>23 Steamed Corn Fresh Melon Goulash</p>	<p>24 Steamed Broccoli Apple or Orange Slices Cheese Ravioli w/ Butter or Sauce</p>	<p>25 Mixed Vegetables Cinnamon Applesauce Crockpot Chicken Pot Pie w/ Biscuits</p>	<p>26 Steamed Peas Mixed Fruit Fresh Baked Pizza</p>
<p>29 MEMORIAL DAY No School</p>	<p>30 Steamed Peas Fresh Melon Meatballs w/ Sauce</p>	<p>31 Vegetable Medley Mixed Fruit Whole Wheat pasta w/ Butter or Sauce</p>		