

Breakfast, AM and PM snacks consist of a whole grain (cracker, cereal) combined with a vegetable or a fruit. IKCCC follows NYS DOH Guidelines

May 2018

**Island Kids Child Care Center
Lunch Menu**



We are a "nut free" facility.

All lunches are subject to change.

<u>Monday</u>	<u>Tuesday</u>	<u>Wednesday</u>	<u>Thursday</u>	<u>Friday</u>
	1 Steamed Peas Fresh Melon Meatballs w/ Sauce	2 Steamed Broccoli Fresh Fruit Whole Wheat Pasta w/ Butter or Sauce	3 Steamed Mixed Veggie Apple Slices Crockpot Chicken & Gravy	4 Steamed Carrots Mixed Fruit Fresh Baked Pizza
7 Steamed Green Beans Fresh Melon Sunflower Butter & Jelly on Whole Wheat Bread	8 Steamed Corn Fresh Melon Soft Taco	9 Vegetable Medley Mixed Fruit Whole Wheat Pasta w/ Butter or Sauce	10 Mashed Potatoes Cinnamon Applesauce Bar-B-Q Crockpot Chicken	11 Steamed Peas Fresh Fruit Fresh Baked Pizza
14 Steamed Green Beans Fresh Melon Sunflower Butter & Jelly on Whole Wheat Bread	15 Crispy Tater Tots Fresh Melon Mac & cheese	16 Steamed Corn Mixed Fruit Chicken nuggets	17 Steamed Broccoli Fresh Fruit Whole Wheat Pasta w/ Butter or Sauce	18 Steamed Carrots Steamed Apples/ Apple Slices Fresh Baked Pizza
21 Steamed Peas Fresh Melon Sunflower Butter & Jelly on Whole Wheat bread	22 Steamed Corn Fresh Melon Goulash	23 Steamed Broccoli Apple or Orange Slices Chicken Nuggets	24 Mixed Vegetables Cinnamon Applesauce Whole Wheat Pasta w/ Butter or Sauce	25 Steamed Peas Mixed Fruit Fresh Baked Pizza
28 MEMORIAL DAY No School	29 Steamed Peas Fresh Melon Meatballs w/ Sauce	30 Vegetable Medley Mixed Fruit Whole Wheat pasta w/ Butter or Sauce	31 Mashed Potatoes Cinnamon Applesauce BBQ Crockpot Chicken	