

Breakfast, AM and PM snacks consist of a whole grain (cracker, cereal) combined with a vegetable or a fruit. IKCCC follows NYS DOH Guidelines


November 2017

Island Kids Child Care Center Lunch Menu



We are a "nut free" facility.

All lunches are subject to change.

<u>Monday</u>	<u>Tuesday</u>	<u>Wednesday</u>	<u>Thursday</u>	<u>Friday</u>
		1 Steamed Broccoli Fresh Fruit Whole Wheat Pasta w/ Butter or Sauce	2 Mashed Potatoes Orange Slices Bar-B-Q Crockpot Chicken	3 Steamed Corn Mixed Fruit Fresh Baked Pizza
6 Steamed Green Beans Fresh Melon Sunflower Butter & Jelly	7 Steamed Broccoli Sliced Cucumbers Fresh Melon Goulash	8 Steamed Sweet Peas Celery Sticks Fresh Fruit Whole Wheat Pasta w/ Butter or Sauce	9 Steamed Corn Cinnamon Applesauce Crockpot Chicken Pot Pie	10 Steamed Carrots Sliced Apples Fresh Baked Pizza
13 Baked French Fries Fresh Melon Sunflower Butter & Jelly	14 Steamed Carrots Fresh Melon Meat Balls in Sauce	15 Steamed Corn Mixed Fruit Whole Wheat Pasta w/ Butter or Sauce	16 Steamed Broccoli Fresh Fruits Chicken Nuggets	17 Mixed Vegetables Apple Slices Fresh Baked Pizza
20 Steamed Corn Fresh Melon Sunflower Butter & Jelly	21 Steamed Green Beans Fresh Melon Taco in a Bag	22 Steamed Broccoli Sliced Cucumbers Cinnamon Applesauce Whole Wheat Pasta w/ Butter or Sauce	23 	24 Steamed Peas Mixed Fruit Fresh Baked Pizza
27 Steamed Corn Fresh Melon Sunflower Butter & Jelly	28 Steamed Green Beans Fresh Melon Mac & Cheese	29 Steamed Peas Fresh Fruit Whole wheat Pasta w/ Butter or Sauce	30 Mashed Potatoes Apple Slices Bar-B- Q Chicken Crockpot	

