

Breakfast, AM and PM snacks consist of a whole grain (cracker, cereal) combined with a vegetable or a fruit. IKCCC follows NYS DOH Guidelines

September 2017

Island Kids Child Care Center
Lunch Menu



We are a "nut free" facility.

All lunches are subject to change.

<u>Monday</u>	<u>Tuesday</u>	<u>Wednesday</u>	<u>Thursday</u>	<u>Friday</u>
				1 Steamed Green Beans Mixed Fruit Fresh Baked Pizza
4 	5 Steamed Corn Fresh Melon Taco in a Bag	6 Steamed Peas Mixed Fruit Whole Wheat Pasta w/ Butter or Sauce	7 Mashed Potatoes Cinnamon Applesauce Bar-B-Q Crockpot Chicken	8 Steamed Broccoli Fresh Fruit Fresh Baked Pizza
11 Baked French Fries Fresh Melon Sunflower Butter & Jelly	12 Steamed Green Beans Fresh Melon Meatballs in Sauce	13 Steamed Peas Mixed Fruit Whole Wheat Pasta w/ Butter or Sauce	14 Steamed Corn Fresh Fruit Chicken & Gravy over Rice	15 Steamed Carrots Steamed Apples/ Apple Slices Fresh Baked Pizza
18 Steamed Corn Fresh Melon Sunflower Butter & Jelly	19 Steamed Green Beans Fresh Melon Pancakes & Sausage	20 Steamed Broccoli Fresh Fruit Whole Wheat Pasta w/ Butter or Sauce	21 Mixed Vegetables Cinnamon Applesauce Crockpot Chicken Pot Pie	22 Steamed Peas Mixed Fruit Fresh Baked Pizza
25 Crispy Tater Tots Fresh Melon Sunflower Butter & Jelly	26 Steamed green Beans Fresh Melon Goulash	27 Steamed Peas Fresh Fruit Whole Wheat Pasta w/ Butter or Sauce	28 Mashed Potatoes Apple Slices Bar-B-Q Crockpot Chicken	29 Steamed Corn Mixed Fruit Fresh Baked Pizza

