


<p>Breakfast, AM and PM snacks consist of a whole grain (cracker, cereal) combined with a vegetable or a fruit. <u>IKCCC follows NYS DOH Guidelines</u></p>	<p><u>April 2017</u></p> <p>Island Kids Child Care Center Lunch Menu</p>	<p> We are a “nut free” facility.</p> <p>All lunches are subject to change.</p>
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<u>Monday</u>	<u>Tuesday</u>	<u>Wednesday</u>	<u>Thursday</u>	<u>Friday</u>
<p>3 Steamed Corn Fresh Melon Grilled Cheese on Whole Wheat Bread</p>	<p>4 Mashed Potatoes Fresh Melon Chicken Nuggets</p>	<p>5 Steamed Broccoli Fresh Fruit BBQ Crockpot Chicken</p>	<p>6 Steamed Sweet Peas Fresh Fruit Taco in a Bag</p>	<p>7 Steamed Carrots Mixed Fruit Whole Wheat Pasta w/ Butter or Sauce</p>
<p>10 Steamed Green Beans Fresh Melon Grilled Cheese on Whole Wheat Bread</p>	<p>11 Steamed Corn Fresh Melon Dinner Roll Meatballs in Sauce</p>	<p>12 Steamed Sweet Peas Celery Sticks Mixed Fruit Mac & Cheese & Baked Ham</p>	<p>13 Baked French Fries Cinnamon Applesauce Pancakes w/ Brown & Serve Sausage</p>	<p>14 Steamed Carrots Fresh Diced Pears Whole Wheat Pasta w/ Butter or Sauce</p>
<p>17 Baked French Fries Fresh Melon Grilled Cheese on Whole Wheat Bread</p>	<p>18 Steamed Green Beans Fresh Melon Cheese Ravioli w/ Butter or Sauce</p>	<p>19 Steamed Corn Mixed Fruit Ranch Crockpot Chicken</p>	<p>20 Crispy Salad Greens Fresh Fruit Grilled Chicken Strips</p>	<p>21 Steamed Carrots Steamed Apples/ Apple Slices Whole Wheat Pasta w/ Butter or Sauce</p>
<p>24 Baked French Fries Fresh Melon Grilled Cheese on Whole Wheat Bread</p>	<p>25 Steamed Carrots Fresh Melon French Toast Stix w/Brown & Serve Sausage</p>	<p>26 Mashed Potatoes Cinnamon Applesauce Crockpot Chicken</p>	<p>27 Steamed Corn Diced Pears Fish Sticks Cheesy Rice (waddlers)</p>	<p>28 Steamed Peas Mixed Fruit Whole Wheat Pasta w/ Butter or Sauce</p>